



# Mitchell Mustang

April 2009

10121 Comanche NE  
Albuquerque, NM 87111  
(505) 299-1937  
www.aps.edu/aps/mitchell  
Volume 33 Issue 8

## From the Principal's Desk...

### Important Dates

- April 6: PTO Meeting, 6 p.m.
- March 31-April 9: NMSBA Testing
- April 10: Vernal Holiday, No Classes
- April 14: Mitchell Night at Dion's
- April 24: Classes Dismissed at 1pm (Make-up for Snow Day)
- April 25: Cancer Awareness Community Day

Dear Parents,

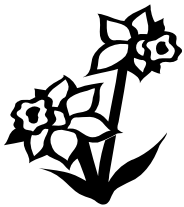
Over the past few years, Mitchell Elementary School has been hit hard with the affects of cancer. On April 25, 2009, cancer awareness will take center stage. Join the Mitchell Community as we remember those we have lost to cancer, celebrate cancer survivors, and support those currently living with the challenge of cancer. There will be many activities going on throughout the day, but a few highlights are listed below:

- Heart of a Mustang Cancer Awareness 5K run/1 mile walk
- Huge parking lot sale
- Food and beverage concessions
- Mitchell Elementary School Fine Arts showcase including art and music
- Silent Auction – see [www.MitchellPTO.org](http://www.MitchellPTO.org) for a complete list of items.

The Mitchell PTO and staff are working hard to pull this event together. If you can help in any way, please contact the school as soon as possible. Also, any volunteers are asked to attend the April 6<sup>th</sup> PTO meeting at 6:00 p.m. in the main office.

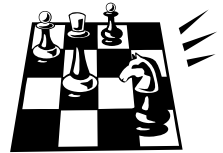
Thanks for your support.

*Debbie Garrison*  
Principal



## WE ARE THE CHAMPIONS!!!

Congratulations to the Mitchell Chess Team for taking first place in the Albuquerque Schools Chess League this season! The Mustangs capped off a great year by shutting out Double Eagle Elementary on March 9th 5-0! Mitchell held first place since the very first meet back in October and never gave it up!



Players are Caleb Ellington, Brendon Gray, Daniel Zeter, Tanner Foust, and Marcus Ferguson. Also helping the team this year were Andres Osorio, Daniel Bruce, David Burr, Dean Montroy, Niklas Cole, Caleb & Nathaniel Holloway, Dale Chapman, Remy Feldman, Cameron Russell, Abraham Haddad, Nicole Briscoe, Athena Kyriacou, and Bobby Rehren-Zepeda.  
WAY TO GO MUSTANGS!

### Mitchell Mustang Newsletter

Deadline for the May Issue is Wednesday, April 15.  
Send articles to:  
[mustangnewsletter@yahoo.com](mailto:mustangnewsletter@yahoo.com)  
Mitchell Mustang is sponsored by the Mitchell PTO.  
For more info go to:  
[www.mitchellpto.org](http://www.mitchellpto.org)

Please remember that The Clothing Bank needs donations all year!

## From the PTO President...

Mustangs,

GREAT JOB on the candy bar fund raiser!! We have almost collected all of the money and we are at a spectacular profit of over \$6500. Thank you to everyone who bought or sold candy bars. The Slusher family sold an astounding 15 boxes of candy!! **WOW!!** Thank you Slusher family for all your hard work and diligence! These profits will help our school in *many* ways, including field trips, play days, supplies and after school programs.

**We look forward to everyone's participation at our Cancer Awareness event Saturday April 25th, see you there!!**

Paula Adams  
PTO President

## Health & Wellness News...

### Plan Your Garden Now

Summer is just around the corner, and now is the perfect time to plan a garden! Growing your own food has so many nutritional benefits, and is a great way to reduce your grocery bill. Studies have shown that children who are involved in the growing of their food, have a greater interest in nutrition, and actually like to eat a variety fruits and vegetables.

Food producing gardens can be grown in as little space as clay pots. Tomatoes are a bountiful crop that can be grown in a pot placed in a sunny location. Tomatoes give fruit throughout the growing season. Tomatoes are highly nutritious and can be used in a wide variety of foods. A couple of pots next to your tomato planted with cilantro and jalapeno will give you a salsa garden! Growing a garden is a great family project that is very educational, fun, and delicious!



**Health & Wellness needs tennis shoes** for those students who don't wear proper footwear to PE class.



## **A Special Thank You to Our PTO Volunteers**

This month the PTO recognizes our newsletter editor **Jennifer Brown-Ellington** and webmaster **Jay Ellington**. Jennifer has done an extraordinary job making our Mitchell Newsletter both informative and fun for the past 3 years. She makes sure each and every one of us gets our own copy. Jay has been our webmaster for 3 years. Jay's expertise and dedication make our website easily accessible and one of the best. Thank you Jen and Jay for all your hard work!!!!

## **ATTENTION ALL 5<sup>TH</sup> GRADE PARENTS! SAVE THE DATE!**


The 5<sup>th</sup> grade yearbook signing party will be Monday, May 18 from 2:15 p.m. until 3:30 p.m. This is a nice way to celebrate our 5<sup>th</sup> graders as they get ready to move into middle school. We will have pizza, drinks and ice cream for the celebration!

You will be receiving a flyer after Spring Break asking for help with the food and for parents to help at the party.

If you have any questions, please contact Anne Zeter (Daniel's mom) at 237-1869.

Hope you can help!

## **Nurse's Office Needs...**

Belts, Tweezers,   
Small round or square band-aids, &  
Girls' underwear- sizes 4 & 6

**Proposed  
PTO Board Members  
For 2009-2010**

President: Open

Vice-President: Open

Secretary: Julie Grosso

Treasurer: Kim Cordova

Ways & Means: Stacy Scott-Sturgess

Hospitality: Jenny White

Volunteer Coordinator: Stacy Scott-Sturgess  
and Julie Grosso

Newsletter Editor: TyAnna Lovato

If interested in the open positions, please let the office know & attend the next PTO meeting.

**Mitchell Family Night  
at Dion's Pizza**



Join us on **Tuesday, April 14th** for Mitchell Night at **Dion's**. Dion's will donate 10% of *all* sales between 5 and 8 p.m. to Mitchell Elementary

Hope to see you there!

Morris & Montgomery NE  
293-7183

**Is it time for  
SPRING CLEANING ?**

Please think of Mitchell when you get ready to clean out your garage, closets, nooks and crannies and bring your treasures to our school wide

**COMMUNITY DAY YARD SALE!**

We need usable items of every type: books, games, toys, clothing (please – nothing torn or stained), furniture, rugs, garden stuff, small electronics (only those in working condition, please), linens, home décor and art. If it looks like something you would buy, chances are someone else will, too!

Please bring your donations, already price tagged, to Mitchell's east parking lot between 6 and 6:30 AM on Saturday, April 25 for drop off.

Sorry, but we cannot accept large appliances such as refrigerators and stoves and we cannot accept smaller electronics that are not in working order as we will be unable to donate them if they do not sell.

We also need help working the yard sale from 6AM-11AM and taking unsold items to the thrift store after the sale. Please call Stacy Scott-Sturgess at 271-1420 for more info and fill out the Volunteer Form on page 6.

**Barbara Fort**

*Insurance Agent*

*Barbara Fort Insurance Agency, Inc.*



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# Mitchell Elementary School

## CANCER AWARENESS COMMUNITY DAY Saturday, April 25th



**5 K Heart of a Mustang  
Cancer Awareness Run  
beginning at 8:00 a.m.  
1 mile walk beginning  
at 9:00 a.m.**



Registration for walk & run will begin at 7:00 a.m. \$20 will include a T-shirt, water bottle, and wristband.

**Huge Parking Lot Sale  
7:00 12:00**

**Food & Beverage  
concessions all  
day long.**



### Mitchell Elementary Fine Arts Showcase

- ★ **Student Art Display**  
9:00 a.m. - 12:00 p.m.
- ★ **Band Concert**  
10:00 - 10:30 a.m.
- ★ **Chorus Concert**  
11:00 - 11:30 a.m.

**Campus Clean-Up  
throughout the day.**

### Fantastic Silent Auction

**10 a.m. - 1:00 p.m**

- ♦ Restaurant Gift Certificates
- ♦ Art & Jewelry
- ♦ And so much more...

For a complete list go to  
[www.MitchellPTO.org](http://www.MitchellPTO.org)

Join the Mitchell Community as we remember those we have lost to cancer, celebrate those that are cancer survivors, and support those currently living with cancer.

**MITCHELL ELEMENTARY SCHOOL  
10121 COMANCHE RD. NE 87111  
299-1937**

**Cancer Awareness**  
**~SILENT AUCTION ITEMS~**  
**April 25, 2009 10:00am-1:00pm**  
**Mitchell Elementary Gymnasium**

- Ranchers Club Dinner for Two
- Marriot - One night stay at any Marriot
- Hilton Garden Inn Albuquerque - One Night Stay
- Albuquerque Embassy Suites Hotel & Spa - One Night Stay (exp 8/09)
- MCM Elegante Albuquerque - One Night Stay
- Balloon Fiesta Framed Art
- 2 - Green Fees and Cart at Cochiti Golf Course (exp 6/30/09)
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- 2 - Isleta Eagle Golf Course rounds of golf including cart (exp 12/31/09)
- \$40 BRAVO Cucina Italiana
- \$25 Elephant Bar Restaurant
- \$25 Lone Star Steakhouse Gift Certificate
- \$25 Gift Card to Flying Star
- \$20. Chili's Gift Card
- \$15 Whole Hog Cafe Gift Card
- Chuck E. Cheese Gift Certificate good for 1 large pizza 4 soft drinks and 30 game tokens
- Defined Fitness – One Month Membership (exp 8/09)
- 2 - Sandia Peak Round Trip Tram Rides (exp 12/31/09)
- 5 Rounds of putt Putt Golf @ Putt Putt Golf on San Mateo
- \$25 Staples Gift Card
- Balloon Pins \$ *RETAIL VALUE*
- Matthew Lee's Hairstyling - Haircut with stylist Dennis Chavez
- MORE GREAT ITEMS TO COME

For an up-dated list, check [www.mitchellpto.org](http://www.mitchellpto.org)

*All items are subject to change*



**Volunteer Sign Up  
Cancer Awareness Community Day**

**Saturday, April 25, 2009**

*Please plan on participating in this momentous event*

*I would like to volunteer for the following ...*

**RUN/WALK 7am – 10am**

set-up \_\_\_\_\_  
registration \_\_\_\_\_  
run/walk \_\_\_\_\_  
water station \_\_\_\_\_  
spotter \_\_\_\_\_  
orange/snack station \_\_\_\_\_  
clean up \_\_\_\_\_

**Yard Sale 7am - 11am**

have items to donate \_\_\_\_\_  
set up \_\_\_\_\_  
take down \_\_\_\_\_  
sell/assist with customers \_\_\_\_\_  
able to assist in taking unsold items to donation  
center (12:00 need a truck) \_\_\_\_\_

**Fine Arts**

set up \_\_\_\_\_

**Food**

staffing a booth \_\_\_\_\_

**Campus Clean Up** \_\_\_\_\_

(you will have to bring your own tools like last year, RAKES  
etc...)

**Help wherever I am needed** \_\_\_\_\_

**I am able to get (or have) donations for silent auction**  
\_\_\_\_\_

**I have a table to lend for the event and can deliver it and  
pick up after the event** \_\_\_\_\_

**NAME** \_\_\_\_\_

**PHONE NUMBER** \_\_\_\_\_

**PLEASE RETURN TO OFFICE AS SOON AS POSSIBLE**

**Paper Crafting Classes**

*Scrapbooking, Cards, 3D Projects*

Want to have fun *and* be *creative*? Introducing April, May and June classes for you and your kids!

**April Class: Fun & Fancy Cards**

This class is for the beginning through advanced stamper. During this class you'll create 10 all- occasion cards. You'll be ready for your next occasion with a card YOU created! \$15 Class fee.

**May Class: Mommy and Me**

Want to share your love of papercrafting? You and your little one can come and create a pennant with their name, a magic wand, a bookmark and more! 3 days available! \$20 class fee.

**June Class: 3D Paper Crafting**

Create several fun 3D projects from purses to boxes to bags all while learning to use Stampin' Up's 'Big Shot' die cutter! \$30 Class fee

*Call for exact times and dates of classes.*

Space is limited so call today to reserve your spot - 323-2131.

Visit my website @ [www.superstampinfun.stampinup.net](http://www.superstampinfun.stampinup.net)

*\*Payment due at the time of reservation\**

**Birthday Parties  
Available!**