



Mitchell Mustang

Volume 34, Issue 2

October 2009

From the Principal's Desk...

Important Dates

- ☺ October 2nd: Albuquerque Aloft, 7am-8am
- ☺ October 6th: PTO meeting, 6pm (PTO meetings have been moved to the first Tuesday of every month)
- ☺ October 9th: Fall break, no classes
- ☺ Il Vicino Fundraiser: October 12th & 13th
- ☺ October 15th: Deadline for Newsletter submissions (email Mel8228@aol.com, subject line: Mitchell Newsletter)
- ☺ October 30th: Costume Parade, 2:45pm & Fall Festival, 5pm-8pm

Fund your student's cafeteria account online at:

mylunchmoney.com

Dear Parents,

It was great to see so many people at Open House. Mitchell is a great school thanks to our wonderful kids, their wonderful parents, and our wonderful staff. Many thanks go out to PTO for providing dinner for the staff prior to Open House. It makes the evening flow smoother when the teachers don't have to worry about leaving campus to have dinner. You guys Rock!

The fall is a busy time here at Mitchell.

- Students are currently selling peeler cards – the first PTO fundraiser. These funds will be used to cover the expense of buses for field trips, to provide more options for before and after school opportunities, and to support general classroom functions. I appreciate those families that participated in the Entertainment Book campaign last month. The money raised from EB will go directly to our Mustang P.R.I.D.E. program. Entertainment Books are still available in the office.
- Mitchell will participate in Albuquerque Aloft on Friday, October 2nd with at least three hot air balloons lifting off from our grassy field between 7:00 and 8:00 a.m. Come out and enjoy this breathtaking event.
- Friday, October 9th is APS Fall Break – there will be no classes. Students will return to school on Monday.
- Friday, October 30th Mitchell will have its annual costume parade at 2:45 p.m. and our Annual Fall Festival beginning at 5:00 p.m. More information will be sent home about these two events during the month of October.

I will be out from October 5th until November 16th due to major surgery. During my absence Rose Dixon will serve as Principal. She has 32 years experience in APS as a principal, school counselor, and Special Education teacher. I am quite confident she will make sure Mitchell continues to run smoothly.

Enjoy all the wonders of fall!

Debbie Garrison



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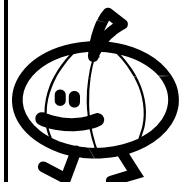
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**Pick up your card
today in the office.**





Principal

Dear Mustang Parents,

Welcome to another great year at Mitchell! My name is Robyn Elison and I'm the volunteer coordinator for Box Tops for Education. Thanks to everyone who collected and submitted Box Tops over the summer. We sent in over 2000 Box Tops this month! Way to go Mustangs!

This year, our goal is to raise \$943 to purchase various supplies for our school. The class that submits the most Box Tops by March 1st, 2010 will earn a pizza party! **Just put all your clipped Box Tops in a Ziploc® (Box Top participating product!) and label the Ziploc® with the name of your child's teacher.** You can turn this in to your child's teacher or you can place it in the collection container in the office.

There are many easy ways to earn Box Tops.

Clip — Clip Box Top coupons from hundreds of participating products and send them to school (see flier sent home with your child for details on participating products).

Shop Online — Shop at your favorite online stores (i.e. Target, Lands End, Staples) through the Box Tops MarketplaceSM (btf.com/marketplace). Up to 8% of each qualifying purchase is automatically donated to our school.

Buy books — Purchase books online at Barnes & Noble through the Box Tops Reading RoomSM. Mitchell will receive 6% of your new book purchases and 3% of all other online purchases.

Win Bonus Box Tops --- One of the easiest ways you can help is to sign up to support our school at **btf.com**. You can enter online promotions for chances to win Bonus Box Tops.

To Do List

1. Go to www.btf.com and sign up to support Mitchell

Go to www.thebigclip.com and enter "The Big Clip" **daily** until 10/31/09 for a chance to win up to 50,000 Box Tops for Mitchell!!

Ask friends, relatives, co-workers, and neighbors to save Box Tops for Mitchell

To learn more, visit btf.com—and thanks for choosing to make a difference for our school with Box Tops!

Keep Clipping! *Robyn*

p.s. If each student at Mitchell clipped 2 Box Tops per month, we could reach our goal!!



get the latest at www.boxtops4education.com

Fall Hiking in the Sandia Mountains!

Fall is the best time of the year in Albuquerque for outdoor activities. The weather is perfect for a nice day hike in our very own backyard, the Sandia Mountains! The Sandia Mountains offer a variety of trails to fit any hiker's ability. The scenery is just breathtaking during this time of the year. The aspen and oak trees are turning colors and losing their leaves, putting on quite a show! This is quite a spectacular sight, if you have not seen it up close.

There is a terrific web site to help you in choosing a trail for an afternoon, full day hike, or possibly an overnight trip. The site is *SandiaHiking.com*. This site will give the distance of each trail, the location and a map of the trail that can be printed, the distance, and the maximum elevation of the climb. Most of the aspens are



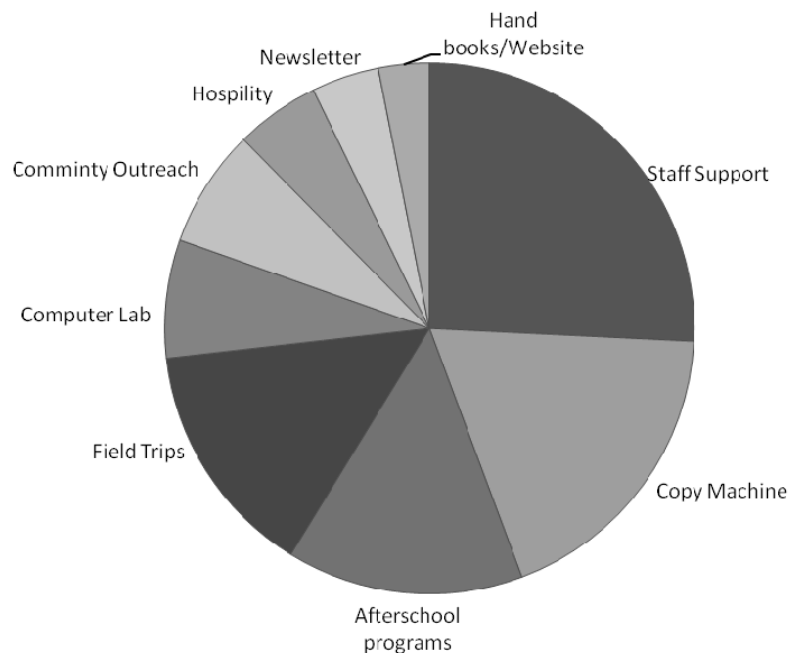
near the top of the mountain. They are more easily accessible from the backside of the mountain, should that be your goal. There are plenty of tips to help out with being prepared for your hike, just click on the preparation link.

Get out and enjoy our beautiful, scenic Sandia Mountains while all the leaves are turning color and the weather is grand! Be sure and take your

From the PTO Treasurer...

PTO would like to welcome everyone back for another school year. This year Mitchell's fundraisers will include Peeler cards (Sept), Fall Festival (Oct), Chocolate Bars (Feb), Jog-a-thon (April), and Booster/PTO Membership. Again we are counting on our parents and community to help support our school. The above graph shows how PTO uses the funds raised by students and parents. We would love to have all parents and teachers become members of the PTO, membership fee \$5. We look forward to working with all of you this year.

Thank you for your support!



Mitchell Elementary School PTO Booster

_____ \$5 _____ \$10 _____ \$20 _____ \$50 _____ \$100 _____ other

Please return this slip and your donation to the school office. Make checks payable to: Mitchell Elementary PTO. Your cancelled check will be your receipt. Your contribution will automatically enroll you as a Mitchell PTO Booster.

_____ Please contact me. I have other thoughts or gifts to share. _____

Flu Prevention

Wondering what you can do to help prevent the flu?

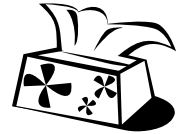
- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
- Avoid touching your eyes, nose and mouth. Germs spread this way.

- If you are sick with flu-like illness, CDC recommends that you stay home for at least 24 hours after your fever is gone except to get medical care or for other necessities. (Your fever should be gone without the use of a fever-reducing medicine.)
- While sick, limit contact with others as much as possible to keep from infecting them.
- Follow public health advice

regarding school closures, avoiding crowds and other measures to keep our distance from each other to lessen the spread of flu.

- Donate hand sanitizer and hand-wipes to your child's classroom

<http://www.cdc.gov/flu/protect/preventing.htm>



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ALYSSA

HAPPY BIRTHDAY
DEVIN!
LOVE MOM, DAD &
JAYLEN

Business card ads are \$25
One line messages are
just
\$5!

From the Student Council President...

Hi Everyone!

My name is Alyssa Adams and I am this years Student Council President. This year I plan on making this school year even better! I would like to congratulate the following students for making office:

- Vice-President: Jaylen Domina-Lovato
- Secretary: Abby White
- Treasurer: Natalia Chavez
- DJ: Brenna Seiler

• Historian: Maia Phillips
If you'd like to contact me with any questions, concerns or ideas, my email is ary-ann@att.net. If not, see me on the playground!

Thank you and lets have the best year ever!



Alyssa Adams
President, Student Council

From the Student

Calling all students! The Mitchell Mustang needs your input. Is there a topic that is important to you that you would like more people to know about? Do you have a poem or short story you would like to share?

Please submit your best work to your teacher for publication in the Mitchell Mustang.



Fall Festival October 30th, 5pm-8pm

Ticket Pre-sale: October 26th 5/\$1, 4/\$1 at the festival

Join us for great games, food, live music and fun! Many thanks to the following Fall Festival Donors:

Applebee's on Mont/ Juan Tabo
Blackman's Tae Kwon Do
Bravo Cucina Italiana
Buffett's Candies
California Pizza Kitchen
Chili's on Manual
Chuck E. Cheese on Wy/Mont.
DaVinci's Gourmet Pizza

Le Chantilly
Le Peep
Olive Garden
Outback
Pelican's
Staple's
Star Bucks Coffee (Mont/Eubank)
Texas Land and Cattle
Weck's
Whole Foods
Whole Hog Café
Hinkle's
Just Muffin Around Bakery
Jinja Bistro
Sandia Laboratory Federal Credit Union

Visit www.terracycle.net and find out how your empty juice boxes and other trash can raise money for our school!





Dear Mitchell Mustang Parents!

For over 36 years, **Labels for Education**SM has supported 6 schools across the country by providing more than \$110 million in free educational merchandise. With your help, Mitchell can make this year the best ever! To meet our goals, we need to collect 20,000 points. All you have to do is save UPC's from participating Campbell products and send them in to school.

Some of the products worth 1 point include:

- *Campbell's*® soups
- *SpaghettiOs*® Pasta
- *Campbell's*® beans, gravies, and canned pasta
- *Prego*® Italian sauces
- *Swanson*® stocks, broths and canned poultry
- *Campbell's*® tomato juice
- *Pepperidge Farm*® breads, cookies, and frozen products
- *Pepperidge Farm*® Goldfish crackers
- All *V8 Splash*® Beverages
- All *V8 Fusion*® Beverages

Campbell® Foodservice products

Products worth 5 points:

- 26 varieties of *Campbell*® condensed soup in specially marked cans
- All *Campbell's*® Microwavable Soups
- All *V8*® Soups
- All *Campbell's*® *Select Harvest*® Soups

SpaghettiOs® Pasta (Original and Meatball)

To Do List

1. Visit labelsforeducation.com for a complete list of eligible products and point values.
2. Collect Campbell's Labels for EducationSM - make sure to include the UPC (bar code)

Ask your friends and family to collect UPC's on behalf of our school.

Thanks so much for your support! If you have any questions, or would like to help with our **Labels for Education** collection drive, please contact our program coordinator Robyn J. Elison at 299-1937.

Don't forget Il Vicino's Family Fundraiser Nights on October 12th and 13th! Enjoy some great pizza and earn money for our school.

