



MITCHELL MUSTANG

FROM THE PRINCIPAL'S DESK...

Important Dates

- September 7th: Labor Day, No Classes
- September 14th: PTO Meeting, 6 p.m. (PTO meets on the 1st Monday of every month - join us!)
- September 14th-25th: Peeler Card Sales
- September 15th: Open House, 6:30-7:30 p.m.
- September 18th: Deadline for October Mitchell Mustang Newsletter Submissions
- September 24th: Picture Day
- October 5th: PTO Meeting, 6 p.m.
- October 9th: Fall break, No Classes
- October 30th: Fall Festival

Business card ads are \$25
One line messages are just \$5!

For example,
"Happy Birthday, Squirt!"

Dear Parents,

I would like to begin by thanking you and the wonderful Mitchell staff for the very successful beginning of the year. We have several new staff members this year, so I am going to take this opportunity to introduce them to you and to welcome them to the Mitchell Family. They are as follows:


Kindergarten

- Jennifer Ellington, PM Educational Assistant with Mrs. Torres


4th Grade

- Elise Austin has been a member of the Mitchell family since the fall of 2007, as a student teacher. This year she will be teaching Erica Encinias' class for the first semester, while Mrs. Encinias is on medical leave.
- Simon Rothman is a student teacher from UNM that will be working with Kari Casias this year.

Special Education

- Trish Evans, K-2 Teacher (Will start mid-September)
- Kellie Moore, Educational Assistant with Ms. Evans
- Kathryn Griffin, 3-4 Teacher
- Chris Ramirez, Educational Assistant with Ms. Griffin
- Priti Sangha, 4-5 Teacher
- Audra McCarthy, Educational Assistant with Ms. Griffin
- Susan Stearns, 1-3 Teacher (AM only) 


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MITCHELL
TEAMS UP WITH



Albertsons
Community Partners
 Giving back for youth. One cart at a time.

Don't forget to use your Albertson's Community Card. If you don't have one yet, more will be available next month

Many thanks to Barbara Fort and Timothy Scott for their continued support of Mitchell Elementary!

From the PTO President...

As the newly elected PTO President for the 2009-2010 school year, let me welcome you back to school.

I am looking forward to a great school year. PTO met over the summer and we have many wonderful ideas and fun projects for our school this year. The PTO anticipates a productive year, and looks forward to recruiting new members. No matter how big or small your involvement, it is greatly appreciated. Your participation and support equals success for our Mitchell students and staff.

I am excited for this new school year and can't wait to meet all of you throughout the year,

Kelly Lotrich
PTO President
klotrich@yahoo.com
220-6493

Don't Forget!
School is
dismissed at
1pm on
Wednesdays.

FROM THE PRINCIPAL'S DESK CONTINUED...

Support Staff

- Jean Lisiak, Social Worker
- Marsha Grover, Speech Language Pathologist
- Mary Foster, Occupational Therapist
- Bonnie Konopka, Occupational Therapist
- Dave Doxtator, Redirector

Art

Mitchell is lucky to have an art teacher for the full year. Katie Johnson will be teaching our students all about harmony.

Math Interventionist

- Claire Saadia

BAND

Mitchell will continue the band program this year, under the direction of Amy Call and Jordan Sayre. We are very excited to be able to offer band to our 4th and 5th graders.

Mitchell did not make Annual Yearly Progress (AYP) on the New Mexico Standards Based Assessment as required by the No Child Left Behind Act. Our students scored 53% in math and 58% in reading. According to the No Child Left Behind Act, by the 2013-14 school year, 100% of our students must score proficiency in Math and Reading. Each year the target number increases. The 2009-2010 target is 57% for math and 67% for reading. Just know that the Mitchell staff will continue to strive for improvement for all our students. Your encouragement and support sustains our work. As teachers and parents we are in this together. I think we make an unbeatable team!

Mitchell is a Title I school for the first time this year. We reached this status because more than 50% of our students qualify for free or reduced lunch. This status provides us with additional funding and resources for our students. You will hear more about this throughout the year.

I look forward to seeing you on Tuesday, September 15th at 6:30 p.m. for Open House.

If you have questions, comments, or concerns please feel free to call or come by the office to talk.

Debbie Garrison
Principal

SIRLOIN

SO PAMPERED,  COWS VOLUNTEER.

Picanha. No one treats top sirloin like we do. We start out with the finest cuts available. Then, using only the most delicate seasonings, we grill them over an open fire, sealings in all their juices and flavor. To top it off, we slice the sizzling Picanha off the skewers, fork tender, right at your table. Come to think of it, you'll be pretty pampered yourself.



TUCANOS. THERE'S ALWAYS MORE FUN.

110 Central Ave. SW, Albuquerque, NM 87102 (505)-246-9900

Drop-off, Pick-up, and Parking Lot Procedures

- The East parking lot on Comanche can be used for student drop-off and pick-up **only if you are parking your car and walking your child onto campus.** Please do not have students meet you in this parking lot.
- The Southeast circular drive on Comanche is for child **care vans only.**
- The Southwest circular drive on Comanche will be used for the APS school bus. Students will use this area to access the crosswalk, too.
- **Inca Street** will be used for student drop-off and pick-up. Parents should access Inca **from San Gabriel** headed south, enter the parking lot using the north entrance, drop-off and pick-up students in designated area and exit back on to Inca headed south. **Parents should NOT park in this parking lot or in the north parking lot at any time.**

Please assist in the smooth flow of traffic by pulling your car forward as far as possible when picking up or dropping off students. **DO NOT DROP-OFF or PICK-UP YOUR CHILD ON COMANCHE STREET.** You may drop them off on Inca, south of Comanche and they can use the crosswalk to access campus. Students will not be allowed to cross Inca to the west at Comanche to meet parents in the apartment parking lot. Please **DO NOT** drop-off/pick-up or park in the fire lands. Fines for misuse of the Fire Lane can reach \$500.

At no time should children be in the staff parking area, located on the north or east side of the school. Students are asked to walk on the sidewalk and go around the parking area. Walkers approaching the school from Inca Street are encouraged to use crosswalks and walk on the sidewalk as closely as possible to the North wall area of the parking lot. Students walking on Comanche Street will obey the directions of the crossing guard and enter the school from the front.

Baked Apples



Ingredients:

- 4 apples
- 5 oz granola or 3 finely ground oat honey granola bars
- 1/2 C roasted almonds, chopped
- 1/4 C butter
- 3/4 teaspoon ground cinnamon
- 1 3/4 cups apple cider
- 1/3 C cherry preserves
- 1 (7oz) container of your favorite yogurt

Preparation:

- Preheat oven to 375 degrees
- Cut apples in half, scoop out core and pulp leaving 3/4 inch shell. Cut ~1/4 inch from opposite side of apple, forming a flat base.
- Mix granola and next 3 ingredients
- Spoon into apple shells
- Place in baking pan, pour cider around the apples
- Bake for 25-45 minutes or until apples are tender, basting twice with pan juices
- Place apples on serving plate. Add preserves to pan juices and cook over medium heat for 5-6 minutes until thickened.
- Spoon yogurt into serving bowl, place apple on top of yogurt and drizzle with cherry sauce.
- Baking time varies greatly with apple ripeness.

myrecipes.com

Box Tops and Campbell's Soup Labels

Please save Box Tops for Education and Campbell's Soup Labels for Education! Remember that we need the UPC symbol on the soup labels (not the whole label) in order to get any money for them. Also, it would be very helpful to have the Box Tops cut out neatly and to make sure that the expiration dates have not passed. Be sure to put your child's name and teacher on the back and hand them in to the office.

Snack of the Month: New Mexico Apples!

The expression "an apple a day keeps the doctor away" actually comes from an old English saying, "Ate an apfel avore gwain to bed, makes the doctor beg his bread." (Eat an apple before going to bed makes the doctor beg his bread.)

The apple is a member of the rose family, which includes over one hundred genera and over two thousand species of herbaceous plants, shrubs and trees. Apple relatives include: the true rose, pear, plum, peach, cherry, blackberry, raspberry, strawberry, spiraea, flowering quince, and hawthorn.

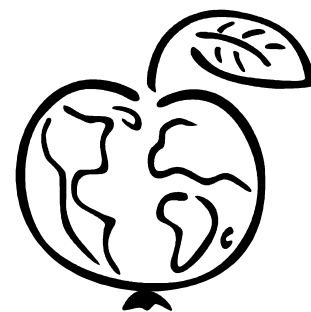
Apples are an excellent snack. Besides being delicious, they are easy to carry with no packaging or refrigeration required. Apples are also very nutritious. The average apple has only 65 calories and contains fiber (excellent for healthy digestion), Vitamins A and C, plus minerals to keep your body healthy and strong.

September is the month for Apples in New Mexico! We have many local orchards that are packed with delicious apples waiting for you to eat them! Apples are best when they are fresh, so don't let this opportunity pass by. Picking apples in an orchard is a fun family outing for a fall weekend activity. To find a few of the local orchards, visit the following web sites:

nmapples.com

alaryfarm.com

dixonapples.com

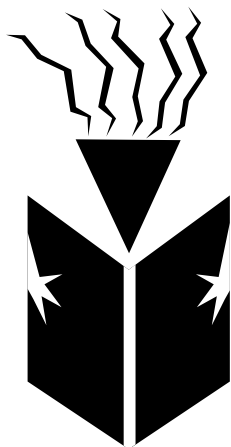


Peeler Cards Go on Sale September 14th!

\$10 Peeler cards (5 cards at \$10 each) - Sonic, Domino's, Burger King, Twisters and Multi-Restaurant (Texas Land & Cattle, Sandiago's, Pelican's, PF Changs, The Range, Little Anita's, Friday's, Macaroni Grill, Denny's & Texas Roadhouse + repeat use offer on card back.

\$20 Peeler card - Large Multi-Restaurant and Activity Card (Golf, Skiing, Fast food and Restaurants. Has all of the above restaurants + Subway, Pei Wei, Chick-fil-A Nothing but Noodles + much more.

To receive your newsletter electronically, send an email to Mel8228@aol.com with "Subscribe Mustang News" in the subject heading. In the message body, include your child's name and teacher.



Mark Your Calendar

September 9, 2009

For our

FIRST Reading Round-Up

for

K-2

Mitchell Library

6:00-7:00 pm

Pizza and drinks provided

by

Our own Mitchell PTO!

Come and learn how to get the most out of reading with your child. In order to attend, please fill out the registration form and return it to the office no later than Friday, September 4. Each child must be accompanied by an adult. Looking forward to a good time!

Questions? Call Mrs. Weninger
299-1937

Name _____

Child's Name _____

Grade _____

Teacher's Name _____

Phone Number _____

Email Address (if you have one) _____

Mitchell Elementary PTO VOLUNTEER Sign-Up 2009-2010

Volunteering for the many Mitchell PTO activities is a great way to help our kids and our school. Your help is what continues to make your PTO a strong organization. We do fund raisers to assist with various items such as; classroom supplies, after school programs, campus beautification, field trips, supplemental materials and various supplies needed to insure a continued high quality educational experience for our children. We try to fill the gaps APS leaves. We are ever striving to make Mitchell an awesome experience for each of our children.

Please fill out the following information to help us communicate with volunteers more effectively.

NAME: _____ PHONE: _____ CELL: _____

E-MAIL: _____ CHILDS NAME/GRADE: _____

TEACHER:

1. Please "check" as many of the following activities you are interested in volunteering for:

_____ **Jog-a-thon** (Spring)
set up, donations, organization, tallying...

_____ **Fall Festival** (October)
set up, raffle donations, booth help, booth construction, clean up, publicity,
decorating...

_____ **Staff Appreciation Luncheons** (Dec & May)
donate food, set up, clean up decorating, coordinating....

_____ **Family Fun Nights** – Help plan family events families

_____ **Picture Days** (Sept, Oct & Jan)
assist getting students lined up and ready for pictures....

YEAR ROUND HELP:

_____ **WAYS and MEANS**
Assist with coordinating all fund-raising events (peeler cards in September, chocolate bar distribution in February and Jog-A-Thon in Spring)

_____ **Library** – Year Round
book fairs, general help, shelving books, end of year inventory...

_____ **Clothing Bank** - Take donations to clothing bank

Student Clubs: (before and after school)

_____ **Art**

_____ **Band**

_____ **Basketball Boys/Girls**

_____ **Boy Scouts/Girl Scouts**

_____ **Chess Club**

_____ **Cooking Club**

_____ **Great Outdoors Adventure Club**

_____ **Music Programs**

_____ **Tutoring**

Is there a new club you would like to suggest or be willing to chair?

Event Help:

Year Round Help:(Cont'd)

Dates & Activities are subject to change

2. Would an at home activity suit you better, such as: baking phoning other _____

3. Would you like to put your name on a list of "last minute volunteers" who may be called in a pinch?
 YES NO

We will make a concerted effort to call all who sign up to volunteer for that activity. Feel free to contact one of our

Volunteer Coordinators, Julie Grosso (chrisandjulieg@yahoo.com) or Stacy Sturgess (271-1420), if you have any questions.

New Requirements for Parent Volunteers!

Any parent or adult volunteer who will be with children without an APS employee present (i.e.: driving on a field trip, tutoring, etc.) must obtain a background check and fingerprinting. This must be done through APS. Get a volunteer form from the office. Thanks for your support! 6